12 Step Meeting Summary

Please complete the following form for each 12 Step Meeting you attend. It MUST include the discussion leader's signature. Also, write a paragraph summarizing your experience in each meeting. The first sentence should be the discussion topic of the meeting. Then write four additional sentences of how the meeting added to your recovery. Focus on your experience, reactions, and recovery in the summary.
Please follow the 12th tradition and respect the anonymity of your fellow meeting members. This means do not mention specific names in your summary. Write in general terms like, "Someone shared about struggling with using and I identified with them."
This form MUST be turned in by 5:00 every Thursday.

NAME:_____ Meeting Date:_____ Meeting Time_____am pm

Group Name:_____

Group Location:_____

Discussion Leader Signature:_____

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Group Name:_____

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